COVID-19 Response

(Carson City, Nevada) - Carson City Health and Human Services (CCHHS) is reporting a presumptive positive case of COVID-19, the disease caused by the new coronavirus. This is the first case reported in the Quad County region: Carson City, Douglas, Lyon, and Storey counties. The test has been sent to the Centers for Disease Control and Prevention (CDC) for confirmation. The test results will be considered “presumptive positive” until they are confirmed by the CDC.

The patient is a female Carson City resident in her 70’s. This is a travel related incident. Her recent travel history includes a flight she took from the San Jose International Airport into the Reno-Tahoe International Airport, during her travels she was not symptomatic.

After feeling symptoms, the patient contacted her health care provider who sent her to the Carson City Health and Human Services hotline. Through the hotline a test was arranged and conducted in a manor to prevent exposure to our community. Carson City Health and Human Services is contact tracing and monitoring the patient as well as her husband. Both are self-isolating inside their home.

While this is a serious public health threat, the immediate risk to the general public in Carson City, Douglas, Lyon, and Storey counties is considerably low.

The public can help response by:

- Not going to the emergency department unless it is essential. Emergency departments need to be able to serve the most severe needs.
- Practice everyday preventative actions to help prevent the spread of respiratory illnesses:
  - Avoid close contact with people who are sick.
  - Stay home when you are sick.
  - Cover your cough or sneeze with a tissue, then throw that tissue in the trash.
  - Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe. Remember to clean your cell phones.
  - Wash your hands with soap and water often for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
  - Avoid touching your eyes, nose, and mouth.

At this time, CCHHS is actively investigating this case and will provide more information when it becomes available. Stay informed; for updates and more information on COVID-19 visit https://gethealthycarsoncity.org/novel-coronavirus-2019/. Carson City Health and Human Services Hotline phone number is (775) 283-4789.