COVID-19 AND SCHOOLS

Updated August 14, 2020
COMMON TERMS

- **Positive test result:** The individual currently has an active infection with the virus that causes COVID-19 and can transmit the virus to others.

- **Negative test result:** The individual did not have an active infection with the virus that causes COVID-19 at the time the sample was collected. This individual may still contract the virus and become sick at a later time.

- **Close contact:** Anyone who was within 6 feet of an infected person for at least 15 minutes starting from 48 hours before the person began feeling sick until the time the patient was isolated.
COMMON TERMS

- **Self-isolation:** Keeps someone who is infected with the virus away from those who are not infected with the virus.

- **Self-quarantine:** Keeps someone who might have been exposed to the virus away from others.
COVID-19 SYMPTOMS

- Fever (100.4°F) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Source: CDC.gov
If a staff member exhibits symptoms of COVID-19 and has **no** known exposure to a confirmed case of COVID-19:

- Individuals who are sick should go home and follow the school’s illness management policy

If a staff member shows up to school with symptoms of COVID-19 and has a known exposure to a confirmed case of COVID-19

- Individuals who are sick should go home and contact the Quad-County COVID-19 Hotline, Monday through Friday, 8:30 a.m. to 4:30 p.m. at (775)283-4789 for COVID-19 testing.

- The individual should self-quarantine at home and not return to campus until symptoms have resolved.
If a student exhibits symptoms of COVID-19:

- School should immediately separate the symptomatic student from everyone else.
- Nurse calls parent/guardian to ask if they have had any contact with a known COVID-19 case
  - If YES
    - Student’s parent/guardian should pick up the student immediately.
    - Parent/Guardian can contact the Quad-County COVID-19 Hotline, Monday through Friday, 8:30 a.m. to 4:30 p.m. at (775)283-4789 for COVID-19 testing.
  - If NO
    - Follow the school’s illness management policy
POSITIVE TEST PROCESS

- Carson City Health and Human Services (CCHHS) is notified of a positive test result for any resident of Carson City, Douglas, Lyon, or Storey Counties

  - CCHHS will notify the positive case and ask them to self-isolate in their home.

  - CCHHS will ask the case who they have been in close contact with and where they have been while they were infectious.

  - Close contacts are notified of a possible exposure. The case’s name will not be revealed to the contacts.

  - CCHHS keeps in contact with the case to monitor their disease and will notify the case when they can be released from self-isolation.
If a student or staff member tests positive and lives in Carson City, Douglas, Lyon, or Storey Counties:

- They are asked to follow directions from CCHHS, the local health partner for the Quad-Counties, and isolate at home until CCHHS tells them they can return to school.

- Students and staff who were in the classroom with the individual 2 days before they felt sick, until the time they were isolated, may be asked to self-quarantine for 14 days after last exposure date while monitoring for symptoms of COVID-19.
POSITIVE CASES & CLOSE CONTACTS AT SCHOOL

· If a student or staff member is a close contact of a case:
  
  · Follow directions from CCHHS. This may include self-quarantining and/or being tested.
  
  · Continue to monitor for symptoms of COVID-19.
  
  · Other students and staff members do not need to self-quarantine unless they were told they were a close contact of case.
RESOURCES FOR SCHOOLS